Curriculum Vitae

Dr Damodaran Krishna Hervey Bay Hospital

Graduation 1982
 Fiji School of Medicine:
 Diploma in Surgery and Medicine

Internship 1983
 Lautoka Hospital, Fiji Islands

- Medicine 15/52 weeks
 Consultant Dr Michael Oldmeadow (FRACS)
 Currently AMC Examiner- Melbourne
- Surgery 15/52 weeks
 Consultant Dr W. Mar (FRACS)
- Obs and Gynae 15/52 weeks
 Consultant Dr Krishna Nair (MRCG)
- Anaesthesia 4/52 weeks
 Consultant Dr P. Rika
- Ophthalmology 2/52 weeks
- Country Service:

Vatukola Health Centre – Medical Officer In charge (Gold Mining Town)
Australian Population - 100
1984- Sept 1987.

4. Sept 1987 – Dec 1988 Nailasa District Hospital

- Medical Officer In charge
- Subdivisional Medical Officer supervisor for 5 medical officers, 25 nurses, and unestablished staff.
- 5. Jan 1989 Feb 1990 General Surgical Registar, Lautoka Hospital
- 6.1990-1995

Orthopaedic Registar in training under AOA Fiji Orthopaedic Training Programme.

Consultant - Dr Eddie McCaig (FRACS).

7. 1st July 1995 – 31st Dec Royal Newcastle Hospital – Temporary fulltime Orthopaedic Registar.

Supervisor: Professor Gabriele
: Associate Professor Dr. Leon Kleinman.

- 8. Jan 1996 March 1997 Senior Orthopeadic Registar – Lautoka Hospital
- March 1997 December 2000
 Chief Orthopaedic Surgeon Labasa Hospital.
- 10. 5th December 2000 8th Jan 2001 PHO - 4 A/E Department Toowoomba Base Hospital.

11. 9th Jan 2001 – 20th July 2002 PHO – 4 Orthopaedic PHO – Toowoomba Base Hospital Supervisor/ Consultant – Dr Robert Ivers

Duties Performed:

1. General care of Orthopeadic patients involving medical, surgical or any other complications.

2. Day time and After hours 1:3 calls. Admissions and general management of patients.

3. Clinic follow-ups.

12. 22nd July 2002 - To date

Senior Medical Officer: Orthopaedics

Director of Orthopaedics: Dr Morgan Naidoo

Duties Performed:

1. Orthopaedic management of impatients and outpatients.

 Routine ward rounds, management of medical and surgical complications with consultations by physicians and general surgeons.

 Attending to calls from A/E, GPs, other departments, and other hospitals. Routine admissions and day to day care, and follow ups.

Plan for the Future:

Now I have completed AMC examinations in full and with full general registration will under take AOA Advance Orthopaedic Training and continue my career in Orthopaedics.

Referees:

- 1. Dr Morgan Naidoo Director of Orthopaedics
- 2. Dr T. Hanlet
 Director of Medical Services (FCHSD)

Dr Damodaran Krishna Hervey Bay Hospital

The Australian Medical Council

certifies that

Damodaran KRISHNA

has satisfied the requirements of the Council, has successfully passed its examinations and has been awarded Certificate number

4475

Issued by the authority of the Council this 16th day of October 2004



Chairman Chairman

Board of Examiners

President
Australian Medical Corneil

Skritima



Office of Health Practitioner Registration Boards

Medical Board of Queensland OFFICIAL RECEIPT

Receipt Number: 1309823

20/06/2005

Dr D Krishna

HERVEY BAY QLD 4655

PAYMENT DETAILS FOR THIS RECEIPT (GST IS NOT APPLICABLE):

Register of Medical Practitioners

Registration fee

\$304.00

and Specialists

Medical Bourd Of Queensland

Certificate of General Registration - Supervised Practice

This is to certify that

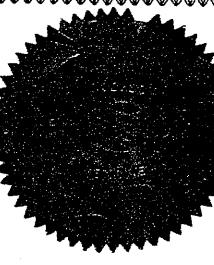
Damodaran Krishna

is registered as a in the State of Queensland, pursuant to the provisions of the Medical Practitioners Registration Act 2001

for the period 1 July 2005 - 30 June 2006

EXECUTIVE OFFICER





MEDICINE



Tiploma

THIS IS TO CERTIFY that DAMODRAN KRISHNA

examinations is now granted the has completed the prescribed course of training and having passed the requisite

DIPLOMA IN SURGERY AND MEDICINE

of the Fiji School of Medicine

day of DECEMBER 19.82

Secretary for Health

works

Principal, Fiji School of Medicine



THE AUSTRALIAN ORTHOPAEDIC ASSOCIATION

Awarded to

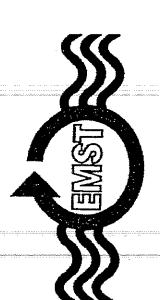
Poetor Pamodaran Krishna

Diploma of Orthopaedics
(Fiji)

20 October 1995

President

Secretary



EARLY MANAGEMENT OF SEVERE TRAUMA

Royal Australasian College of Surgeons

Damodaran Krishn

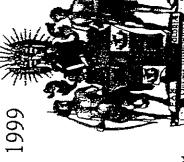
according to the standards established by the Early Management of Severe Trauma has satisfactorily completed the Early Management of Severe Trauma Course Committee of the Royal Australasian College of Surgeons.

Westmead, Sydney

at

8 - 10 October, 1999

ПО



Course Director

Chairman, EMST Committee ..

This is to certify that

Dr Damodaran Krishna

attended the

AO/ASIF Course Principles of Operative Fracture Treatment

from

16 - 19 March 2004 Sydney, Australia

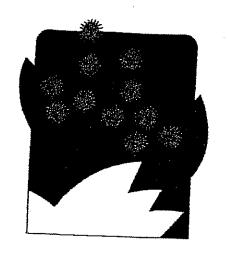
The Organizer:

Dr Ian Harris M.B., B.S., F.R.A.C.S. (Orth)

AO Trustee Australia Course Chairman

Prof. Dr. med. René Marti President of the AO Foundation Thomas Kired

Prof. Dr. med. Thomas Rüedi, FACS President of AO International



Certificate of Attendance

This is to certify that

Damodaran Krishna

has attended

The 11th Meeting of the Combined
Orthopaedic Associations
Sydney, Australia
24 – 29 October 2004

Full Registration

Jerzy M. Sikorski Scientific Secretary Australian Orthopaedic Association



INTERNATIONAL SOCIETY FOR PROSTHETICS AND ORTHOTICS

We hereby certify that

Damodaran Krishna.

has participated in the

8TH WORLD CONGRESS
OF ISPO

MelSuly

Valua & Anglis

PRESIDENT, INTERNATIONAL SOCIETY FOR PROSTHETICS AND ORTHOTICS

SECRETARY GENERAL, STH WORLD CONGRESS



GOVERNMENT OF FIJI

Certificate of Registration

(Under the Medical and Dental Practitioners Act, No. 44 of 1971)

Certificate No. 2550 5th October, 1984
I HEREBY CERTIFY that the following is a true copy of the entry in the Medical and Dental Register for the Government of Fiji.
Name DR. DAMODARAN KRISHNA
Date of Registration 5 Th October 1964 under part Z of the Act
Qualifications D. S.M (FITI) 1982

Registrar

SICOT 99 SYDNEY

The 21ST Triennial World Congress

Société Internationale de Chirurgie Orthopédique et de Traumatologie

This is to certify that

April 23rd, 1999

DARODARDS KRISHAD.

has attended the 21st Triennial World Congress of the Société Internationale de Chirurgie Orthopédique et de Traumatologie in Sydney, Australia, April 18th to 23rd, 1999.

Neal Thomas

Neal Thomson Congress President

Charles Cathi

Charles Sorble
President



ASSESSMENT FORM SPECIAL PURPOSE REGISTRANTS - SECTION 135 AREA OF NEED - QLD

The information on this form contributes to decisions on registration for overseas-trained doctors with special purpose registration to practise in an area of need.

Instructions

Clinical Supervisor/s to tick appropriate boxes in columns provided

Ticks under 'Requires substantial assistance' and/or 'Requires further development', require comments by the clinical supervisor at the end of this form

If 'Requires substantial assistance' and/or 'Requires further development' are ticked, the doctor in consultation with the supervisor must complete the Improving Performance Action Plan at the end of this form.

Name Sc SamcDARAN:	KRISONA
(= MEDICA	EFFICER
Position WENTER / FEDICAL	

Period of Assessment 61.07.64 to 25.11.04

	Requires substantial assistance	Requires further development	Consistent with level of experience	Performance better than expected	Performance exceptional	N/A Nat observed
CLINICAL Knowledge base Demonstrates adequate knowledge of basic and clinical sciences.			<u></u>			-
Clinical skills Elicits and records accurate, complete history and clinical examination findings.	•					
Clinical judgement/decision making skills Organises, synthesises and acts on information and applies knowledge base.			1			
Emergency skills Acts effectively and when appropriate acknowledges own limitations and seeks help			<u> </u>			
Procedural skills Performs procedures competently			/			
COMMUNICATION Patient and Family: Interacts effectively and sensitively with patients and families/care givers.						
Medical Records/Clinical Documentation Provides clear, comprehensive and accurate records.	dates sentes - senteles estimates sentes - es	and the second s	anamanamanan da	en den en e	mass constituents and the constituents	Acceptation and state of a state
PERSONAL AND PROFESSIONAL Professional Responsibility. Demonstrates punctuality, reliability, honesty, self-care.			/			
Teaching Participates in teaching other healthcare professionals, patients and/or care providers.			/			
Time management skills Organises and prioritises tasks to be undertaken.						
Teamwork and colleagues Works and communicates effectively within a team.			-			

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Toowoomba Hospital

	Date
Original filed	
Copies to:	
PHO	1 1
HOD	+
ADMS file	

PHO/REGISTRAR END-OF-TERM ASSESSMENT

Name:	Jamosaran Kasi	かA Date:	12.12.01
Department:	GRITAPPENICS	Unit:	7
Period:	4th Greater	01116.	S

Grad	les are based on the level	of performance expected a	
stage	e of the PHO's/Registrars	training	it this
1.	Requires cignificantly	aaming.	

- Requires significantly more supervision than would be expected 1.
- Requires more supervision than would be expected
- Performs to expected level Performs above expected level
- Performs well above expected level
- N/A Not applicable
- Unable to comment on this area U/C

Please rate the doctor on the following by placing a tick in the appropriate

Domonologia	1	2	3	4	5	N/A U/C
Demonstrates appropriate levels of skill in	onee data ee oman		I			J U/C
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Differential diagnosis				1		
Formulating a management plan				V		f
Acute care				V		
Relevant procedural skills					~	
Record keeping				•		
Ordering investigations/interpreting results	1			V		
Prescribing effectively				Z		
Managing time effectively				7		
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Page 1.

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Report discussed with the Registrar/PHO	YES	NO-
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Signed: Name: R. IVERI	- D-t-	
T. TOERA	Date	: 13-112/01

Consultant: Please return this form to the Registrar/PHO

if you do not agree with your
1 you do not agree with your
Nate:

Ministry o f Health P.O. Box 577 Labasa, Fiji.

: 811444 Tel Fax: 813444

Ref

Date: 16 August 2000

TO WHOM IT MAY CONCERN

RE : DR DAMODRAN KRISHNA, ORTHOPAEDIC SURGEON, LABASA HOSPITAL

I, Dr Nainoca, Medical Superintendent of Labasa Hospital do certify that Dr Damodran Krishna is indeed a clinical staff of Labasa Hospital. He currently holds the Chief Medical Officer post and is the most senior registrar in the Surgical Department. Registered Specialist in Orthopaedics, Dr Krishna has responsibility of all orthopaedic problems in this hospital.

Dr Krishna is a very competent orthopaedic surgeon whose skills and knowledge and know how have been a blessing to this hospital in the past few years. As the sole orthopaedic surgeon in the Northern Division in Fiji, the benefit and advantage of Dr Krishna's service goes beyond the boundaries of Labasa Hospital.

Dr Krishna has carried out his work with confidence, naturity and skill developed from his many years of experience. this hospital has been limited only by lack of appropriate equipment and facilities for his speciality. Although quite frustrating to his practice, Dr Krishna has tolerated our deficiencies with quiet acceptance. We do, however, believe that he is capable of a lot more given the right facilities for his work.

We wish him well in all his future practise.

CERTIFIED THUE COP

÷CE-

SUPERINTENDENT, LABASA HOSPITAL, LABASA, FIJI ISLANDS

RONALD SEKEL
MBBS, FRCSE, FRACS (ORTH)
ORTHOPAEDIC SURGEON
SENIOR LECTURER
University of New South Wales

GEOF GE KUTCH MENALIMIE SUKLEON RONALD SEKEL PTY, LTD. DK - 3

TELEPHONE: .

RS/KR

2nd May, 1991

A.C.N. 001713051

Dr. E. McCaig, Consultant Orthopaedic Surgeon, Lautoka Hospital, LAUTOKA FIJI.

Dear Eddie,

Several years ago I made up a list of topics which really cover the Orthopaedic Fellowship curriculum.

The idea was to prevent several consultants giving the same lecture while in Fiji e.g. everybody wanted to talk on osteomyelitis.

Please find enclosed the list of topics which, in a way follows Campbell's Orthopaedics.

Yours sincerely,

RONALD SEKEL.

THE FIJIAN DRTHOPAEDIC DRTHOPAEDIC TRAINING PROGRAMME

SURSICAL CURRICULUM

Page 1.

Surgical Techniques:

- a) Operating rooms and cleaning of theatres aseptic techniques, oraping.
- b: Bone graft materials autograft, homograft, wence graft, bone graft substitutes (e.g hydroxy appetites, kie) bone.
- c) Suction drainage & continuous irrigation technique.
- d) Management of nerve injuries.
- e) Management of arterial injury.

Surgisal Approaches to:

- the os calcis, tarsus and ankle.
- the tibia and fibula.
- the knee joint.
- the femur.
- the hip joint.
- the pelvis, sacrum and sacro-iliac joints.
- the acromian, sternum and clavicle.
- the shoulder.
- the humerus and elbow.
- the radius, ulnar and wrist.
- the cervical spine.
- the thoracic spine.
- the lumbar spine.

Page 2.

Ibe Hand:

- Basic skins incisions.
- Extensor tendon repair.
- Flexor tendon repair.
- Post-operative management of the compound crush hand.
- Splinting in the hand.
- Consideration of repair of deep structures fractures, tendons, nerves, arteries and veins.
- Carpometacarpal dislocations fingers and thumb.
- Dislocation metacarpophalangeal joint of fingers and thumb.
- Flexor and extensor tendon ruptures Mallet deformity, buttonhole deformity, boutonniere & swan neck deformity.

Fractures in the Hand:

- Metacarpus & phalanges.
- Carpal bones.
- Arthrodesis in the hand and wrist.
- Primary and secondary nerve repair.
- Surgery on the median nerve.
- Surgery on the ulnar and radial nerves.
- Secondary repair of tendons or reconstruction.
- Principles of amputations in the hand and forearm, skin grafting and vy plasty, cross finger flaps neurovascular island grafts etc.
- Microsurgery in the arm and hand.
- Handling nerve palsies in the hand tendon transfers.
- The cerebral palsy in the hand.
- The surgery of the rheumatoid hand and wrist.
- Tenosynovitis.
- Volkmann's ischaemic contracture.
- Congenital anomalies in the hand trigger thumb, polydactyly, syndactyly, macrodactyly, camptodactyly.
- Dupuytren's contracture.
- Carpal and ulner tunnel syndromes and stenosing tenosynovitis.
- Tumours in the hand.
- Infections of the hand.
- Trigger finger & thumb.

Page 3.

<u>Dislocations</u>:

- Dislocations in the foot, hand and ankle.
- The dislocating/subluxing patella patella malalignments.
- Proximal tibiofibular joint dislocation.
- Hip dislocation and fracture dislocation types.
 - + ectopic ossification
 - + secondary avascular necrosis
- Dislocations of pubic symphysis and sacro-iliac joints.
- The acromioclavicular and sternoclavicular joint dislocations.
- Elbow dislocations including radial head acute and chronic.
- Management of post-traumatic stiff elbow.
- Shoulder anterior/posterior/inferior dislocations (acute and chronic)

Page 4.

Fractures:

- Principles of treatment of fracture by open technique versus closed.
- Timing of fracture surgery.
- Technique of fracture fixation.
- Fractures in children.
- Basic management overall principle.
- Surgical management of fractures of the foot.
- Surgical management of the Pott's fracture/Cotton fracture
- Surgical management of tibial fracture two lectures to include fracture types, fixation technique, leg length discrepancy after.
- Dsgood-Schlatter's disease.
- Sever's disease.
- The osteochondrities.
- Fracture of the tibial condyles.
- Fracture of the patella.
- Fractures of the proximal third of femur.
- Fractures of the middle third of the shaft of femur.
- Fractures of the distal third of femur.
- Fractures of femoral shaft with dislocation of the hip or knee injury.
- Management of fractures after radiotherapy.
- Stress fractures around the body and their management.
- Fractures of the pelvis.
- Fractures of sternum, clavicle and scapula.
- Fractures around the shoulder and upper humerus when to operate.
- The Neer prosthesis.
- Fractures of shaft of humerus.
- Fractures of distal end of humerus in the abult.
- Fractures of distal end of humerus in the child.
- Fractures of the radius and ulna.
- Fractures of radial head.
- Management of the Monteggia and Galleazzi fractures.
- When to open or fix a Colles' or Smith's fracture.
- Mal-united fractures including phalanges, metatarsus and tarsus.
- Correction of diastasis of tibia and fibula, and osteotomies for mal-union of ankle fractures.
- Corrective surgery for mal-union of the upper tibia.
- Corrective surgery for mal-union of the shaft and distal femur.
- Osteotomy for coxa vara, rotation deformities, slipped epiphysis, etc.
- Surgery of the mal-united clavicle.
- Surgery of the mal-united humerus shaft and supracondylar region.
- Surgery for mal-union of forearm fractures.
- Delayed union and non union of fractures.

Page 4A.

- Beneral principles of treatment of non union (vitamin deficiencies, status of bones - soft tissue status non union with infection).
- Techniques of bone grafting onlay, dual onlay, cancellous, massive sliding graft, medullary graft, microvascular techniques, etc.
- Non union of the tibia shaft fracture.
- Non union of the fractured neck of femur.
- Non union of the clavicle and humarus.
- Non union of the forearm bones.
- Electrical stimulation of bone and cartilage.
- Types of non union atrophic/hypertrophic, atc.

Page 5.

Amoutations:

- Surgical principles of amputation, after treatment and complications.
- Amputations in children.
- Specific amoutations below the knee.
- Specific amoutations through and above the knew including hindquarter.
- Surgical principles to include immediate and selayed prosthetic fittings.
- Specific amoutations through elbow and distally.
- Specific amputations above the elbow including forequarter amputation.

Traumatic Afflictions of Joints:

- The ankle acute ligamentous injuries chronic recurrent dislocations.
- Internal derangements of the arkle including retenchondrities of the talue, etc.
- The knee anatomy of the ligaments, meniscii and . capsular structures.
- Meniscal dysfunction and surgery.
- Acute traumatic ligament injury of the knee diagnosis and management.
- Anterior cruciate ligament / posterior cruciate ligament.
- Patella maltracking, malposition and chondromalacia patellae - retropatellar chondritis.
- Dateochondritis disserans, plicae and synovial folds, the fat pad and Hoffa's disease.
- The hip internal derangements and osteochondritis dissecans.
- The showlder rotator cuff lesions of the showlder in athletes.
- Shoulder prosthatic surgery.
- Tennis elbow.
- Rheumatic afflictions of the wrist scapholunate dislocations, etc.

Page 6.

Infection:

- Acute osteomyelitis + chronic osteomyelitis (+ histopathology).
- Pathogenesis, diagnosis, treatment, the organism and the host.
- T.B., fungus and odd infections (+ histopathology).
- Management of T.B. of the spine.
- Management of T.B. of the hip, knee and sacro-iliac joints.
- Chronic osteomyelitis, aetiology, diagnosis, sequestra, cloaca, etc. (+ histopathology) - Diagnosis of sequestra, management with specific reference to sequestra under the plates.
- Vegetable synovitis.
- Aseptic arthritis acute and chronic, and the use of the C.P.M. machine.
- Arthroscopic washout and synovectomy.
- Osteomyelitis of special regions the os calcis, distal third of femur and ilium.
- Differential diagnosis of osteomyelitis Ewing's sarcoma, vegetable synovitis, gout, etc.



Pag∈ 7.

<u>Arthrodesis</u>:

- Metatarsophalangeal joint, interphalangeal joint, tarsal bones.
- Triple arthrodesis, ankle arthrodesis, pantalar arthrodesis.
- Knee arthrodesis including the Huckstep hail usage.
- Hip arthrodesis.
- Arthrodesis of the shoulder and elbow.

Page 8.

Miscellaneous Afflictions of Bone & Joints:

- Synovitis gout, pseudogout, rheumatoid, etc.
 (Diagnosis, aetiplogy, synovectomy techniques).
- The reason for bunions and clawing of toes, and management.
- Ostectomies around the knee for varus and valgus deformity
- Knee joint replacement.
- The hip debridement procedures.
- Osteotomies forage procedures all alternatives to joint replacement or arthrodesis.
- The ideal joint replacement cemented or uncemented.
- Recurrent dislocation of the shoulder.
- Chronic instability of the elbow.
- Crystal synovitis of the joints gout, pseudogout, hydroxy appetite, ochronosis, etc.

Page 9.

The Spine:

- Investigation and conservative measures for back pain.
- Laminectomy spinal fusion.
- Spinal canal stenosis decompression +/- fusion.
- Internal fixation techniques of the thoracic and lumbar spine.
- Management of the paraplegic and quadraplegic.
- The chance, slice and crush fractures in the lumbar and thoracic spines - stable and unstable fractures of the spine.
- Blood supply to the spinal cord and anatomy of segmental nerve - referred pain - nerve pressure pain - functional pain.
- Blood supply to the spinal cord and segmental neural anatomy.
- Surgical approaches to the spine anterior and posterior (cervical and thoracic).
- Surgical approaches to the spine anterior and posterior (lumbar and sacral).
- Fractures, dislocations and fracture/dislocations conservative management (cervical and thoracic spines).
- Fractures, dislocations and fracture/dislocations ~ conservative management (lumbar spine).
- Atlanto-axial fractures and dislocations including the occipital region to include radiology, diagnosis and measurements.
- Management of neurological deficit in trauma to the spine.
- Anterior and posterior cervical fusion.
- Unstable fractures and fracture/dislocations of the dorsal and lumbar spines.
- Anterior and posterior lumbar spinal fusion investigations and techniques.
- Scoliosis causes for scoliosis, diagnosis, radiological and clinical classification.



Page 9A.

- Management of scoliosis conservative and surgical.
- Management of pseudoarthrosis of the spine after fusion (for instability and for scoliosis).
- Scheuermann's disease and kyphosis.
- Spondylolisthesis types, cause of pain, conservative and operative management, precise anatomy.
- Infections of the spine.
- Low back pain causes, diagnosis and investigations.
- Management of lumbar intervertebral disc prolapse.
- Spinal canal stenosis including cervical, thoracic and lumbar.
- Dervical and thoracic ruptured intervertebral discs.
- Tumours of the spine and effects of radiotherapy and wide posterior resections on the spine in children.

Page 10.

The Osteochondridities:

- Perthes' disease.
- Slipped femoral epiphysis.
- The surgery of haemophilia of joints.
- Metabolic bone disease ricketts, osteomalacia, renal osteodystrophy, etc.
- Osteogenesis imperfectă.
- Epiphyseal arrest surgery.
- Hallux rigidus, hallux varus, hallux adductus.
- The Charcot's joint.

Page 11.

<u>Tumours of Bone & Soft Tissue</u> (Histopathology to be included with each lecture):

- Overall evaluation, biopsy techniques, local resection techniques, excision/amputation techniques.
- The cystic lesions of bone.
- Benign tumours of bone.
- The osteoid osteoma / osteoblastoma story.
- Multiple osteochondromatosis and enchrondromatosis.
- The giant cell tumour chondroblastoma chondromixoid fibroma - osteoblastoma.
- Mistiocytosis X.
- Malignant tumours of bone Ewing's sarcoma.
- Myeloma.
- Osteogenic sarcoma.
- Chondrosarcoma.
- Fibrosarcoma, etc.
- Metastatic tumours of bone management, particularly secondaries to the spine, entrapping nerves.
- Amputation versus massive bone replacement for prosthetic replacement.

Page 12.

Miscellaneous:

- Myositis ossificans + histopathology.
- Quadriceps contracture of infancy and childhood (injections etc.)
- Quadriceps contracture after trauma in the adult quadriceps plasty.
- Ruptures of muscles and tendons tendo achilles patellar tendon rupture of muscles peroneal tendons
 biceps brachial muscle quadriceps mechanism.
- Tendo achilles.
- Tumour of nerves and vessels.
- Plasmacytoma.
- Villonodular synovitis + histopathology, giant cell tumour of tendon sheath, synovial chondromatosis.

Page 13.

Afflictions of Muscle, Tendons & Other Structures:

- Gas gangrene and tetanus.
- Anterior tibial compartment syndrome stress fracture
 periostitis of sport:
- Tendo achilles acute and chronic ruptures.
- Ruptures of patellar and quadriceps tendons acute and chronic.
- Rupture of biceps muscles and tendons proximal and distal.
- Ruptures of adductor longus pectoralis major triceps tendons.
- Muscle herniae, peroneal tendon + biceps tendon dislocation to include snapping syndrome or hip, shoulder, scapular and triceps tendons.
- Bursae of the greater trochanter, gluteus maximus, prepatella, tibia & fibula, collateral ligaments, patella.
- Shoulder rotator cuff problems including sub-deltoid and sub-acromial bursitis, supscapularis and rotator cuff tears, tendinitis, etc.
- Elbow clearanon bursitis.
- Bursae and cysts around the knee.



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Poliomyelitis and Spasticity:

- Principles of muscle balancing prevention and correction of deformities - closed and open techniques.
- Tendon and muscle transfers and stabilization of flail
 - Lower Limb Below knee / above knee.
 - Upper Limb Below elbow / above elbow.
- Pes cavus,
- Pes planovalgus.
- Talipes equinovarus and valgus, fusions around the ankle and foot - pan talar, subtaloid and lambranudies.
- The tibialis anterior and pesterior muscles.
- Talipes calcaneovalgus.
- Os calcis estectomies.
- Flexion contractures about the knee and quadriceps paralysis in genu recurvatum and the flail knee.
- Torsional deformities of the lower limb children and adults.
- Management of paralysed gluteal musculature.
- Deltoid wasting and polic around the shoulder.
- Paralysis around the elbow Stindler flexorplasty.
- Triceps transfer pectoralis muscle, pectoralis major transfer, etc.
- Gross adduction contracture of the shoulder pertoralis minor division, etc.
- Leg length discrepancy to include limb equalization epiphysodesis, epiphysolysis, leg lengthening procedures,
- Cerebral palsy aetiology, typing and general principles of surgery - muscle.



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- Balancing, neurotomy, neuroctomies, etc.
 - a) Corrections below the knee / above the knee.
 - b) Corrections below the elbow / above the elbow.
- The Splat operation.
- Balancing procedures around the knee and the hip,
 e.g. The Egger's operation, obturator neurectomy and
 adductor tenotomy.
- Surgery of the stroke patient.
- Obstetric paralysis Erb's and Webb's palsy, brachial plexus palsy, Klumpke palsy.
- Nerve entrapment syndromes to include: tarsal tunnel, carpal tunnel, canal stenosis, strange nerve obstruction such as median nerve below a humeral spur etc.

Page 15.

<u>Feripheral Nerve Injuries:</u>

- Basic anatomy of the mixed spinal nerve segmental anatomy and neuronal degeneration and regeneration classification of nerve injuries.
- Causalgia/autonomic dysfunction, sympathetic dystrophy.
- R.S.I. E.M.G. & nerve conduction study, Tinel's sign, sweat test, electrical stimulation, faradism.
- Principles of nerve repair including correction of gaps primary and delayed surgery.
- Timing of surgery, techniques in nerve repair, neurolysis, nerve grafting.
- Brachial plexus injury traction and laceration.
- Brachial plexus palsy compression syndrome from abnormal anatomy.
- Median nerve exposure.
- Ulnar nerve exposure.
- Protecting the radial nerve.
- Femoral and sacral plexus injuries.

Page 16.

Afflictions of the Foot:

- Pes planus flexible type and peroneal muscle spasm type.
- Hallux valgus and hallux rigidus.
- Hallux varus and metatarsus adductus.
- Hard and soft corn, interdigital neuroma, Mallet toe/ Hammer toe, pain in the sole of the foot to include interdigital neuroma, metatarsalgia, Freiberg's and Kohler's disease.
- Calcaneal spur, Dupuytren's contracture and plantar fibromatosis, ingrown toenail management.

Congenital Anomalies:

- Constriction bands + duplication and partial amputations of limbs + toe anomalies.
- Club foot.
- The cavus foot.
- The Rockerbottom flat foot.
- Congenital absence of parts of long bones of the lower limb and upper limb.
- Congenital pseudarthrosis tibia, fibula, clavicle, all arm bones.
- Congenital dislocations of the patella.
- Congenital dysplasia of the hip (less than 5 years old).
- Congenital dysplasia of the hip (over 5 years old).
- Coxa vara and coxa valga.
- Thoracic outlet syndromes.
- Torticollis and Sprengel's deformity.
- Congenital abnormalities of the upper end of the radius radio-ulnar synostosis - congenital dislocation of the radial head.
- Arthrogryposis.



Page 17.

Arthroplasty:

- Ankle techniques of arthrodesis.
- Knee techniques of arthrodesis and total knee replacement.
- Hip arthroplasty hemi and total replacement, various biomaterials, the advantages and disadvantages of cement - complications of the total hip replacement.
- Hip suitability for developing countries a doubleedged sword.
- The temporomandibular joint.
- Operation for recurrent dislocation of the shoulder anterior and posterior + osteotomies around the shoulder.
- Arthroplasty of the elbow.
- Ostectomies of the femur for osteoarthritis of the hip.



THE FIJIAN ORTHOPAEDIC PROGRAMME



ENOR/SECRETARY — Dr. J. J. Vote TTOR — Dr. W. J. Cumming ONS — International – (Kogarah) inge Hospital ian Orthopaedic Association Orthopaedic Concern

ADDRESS ALL CORRESPONDENCE TO Dr. James J. Vote, 6-8 South Street, KOGARAH 2217 AUSTRALIA

RS:JG

17th December, 1991.

Dr. William Parker,

Drris Towers"

19 Wickham Terrace,

RISBANE Q'land 4000

Dear Dr. Parker,

Thank you for your offer to work in Fiji in February 1992.

The Orthopaedic Registrars have passed their Primary Fellowship and are now commencing their first real term of formal lectures towards the second part exam.

Each week the programme should include:

- a. At least one but preferably two Grand Rounds
- b. A one hour case presensation session, preferably showing two or three cases of clinical interest. The registrars should present these formally. May I suggest Tuesday morning, 7.00 am til 8.00 am.
- c. An afternoon per week set aside for formal lectures and journal club.

In February your formal lectures have been scheduled with two hours put aside to include the following topics:

- 1. Blood supply of the upper end of the femur and upper femoral fractures in the infant, child, adolescent and adult.
- Osteoarthritis of the knee to include primary meniscal pathology causing secondary damage, mal-alignment problems, trauma, debridement, osteotomy - varus and valgus, total knee replacement etc..
- Fractures around the knee to include supra-condylar, intercondylar, distal shaft fractures.
 - Fractures around the ankle.

5. A Journal Club should follow the formal lecture and as discussed the August and September 1990, Journals should be discussed, taking half the journal at each session for four sessions, starting with the August journal.

Your other duties include supervising surgery in theatre, and supervising Outpatient Clinics, but I trust Jim Vote has forwarded you information in this regard.

I have forwarded your lecture programme to Fiji, and wish you an excellent month away.

Thank you again for your assistance.

Yours sincerely,

RONALD SEKEL

PS: When making up slides, could two copies be developed, one to be left in Fiji.

19/12/91 fox copy to Wisc to show Roy Whitton.
19/12/91 Dr E mccaig. Loutoka Hospital.





THE FIJIAN ORTHOPAEDIC PROGRAMME



ENOR/SECRETARY — Dr. J. J. Voice
TOR — Dr. W. J. Cumming
DNS —
International - (Kogarah)
rege Hospital
ian Orthopaedic Association
Orthopaedic Concern

ADDRESS ALL CORRESPONDENCE TO Dr. James J. Vote, 6-8 South Street, KOGARAH 2217 AUSTRALIA

RS:JG

17th December, 1991.

Dr. Roland Hicks,
Suite 1,
Specialist Medical Centre,
Onr. Carey St. & Excelsior Pde.,
ORONTO NSW 2283

Dear Dr. Hicks,

Thank you for your offer to work in Fiji in January 1992.

The Orthopaedic Registrars have passed their Primary Fellowship and are now commencing their first real term of formal lectures towards the second part exam.

Each week the programme should include:

- a. At least one but preferably two Grand Rounds
- b. A one hour case presentation session, preferably showing two or three cases of clinical interest. The registrars should present these formally. May I suggest Tuesday morning, 7.00 am til 8.00 am.
 - An afternoon per week set aside for formal lectures and Journal club.

In January your formal lectures have been scheduled with two hours put aside to include the following topics:

- Shoulder, degenerative conditions, rotator cuff, acromioclavicular joint, sub acromial tendonitis etc..
- Shoulder dislocations
- Reflex sympathetic dystrophy of the upper limbs.
- 1. Dupuytren's contracture.

Cont d.../2

5. A Journal Club should follow the formal lecture and as discussed the October and November 1990 Journals should be discussed, taking half the journal at each session for four sessions, staring with the October journal.

Your other duties include supervising surgery in theatre, and supervising Outpatient Clinics, but I trust Jim Vote has forwarded you information in this regard.

I have forwarded your lecture programme to Fiji, and wish you an excellent month away.

Thank you again for your assistance,

Yours sincerely,

RONALD SEKEL

PS: When making up slides, could two copies be developed, one to be left in Fiji.

19/12/91 fox copy b wire b give b Ray whitton,
19/12/91 cc. Dr E McCaig - Laubta Hospital.